

Dr. med. Christine  
**SCHRAMMEK**

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The power of medical beauty.

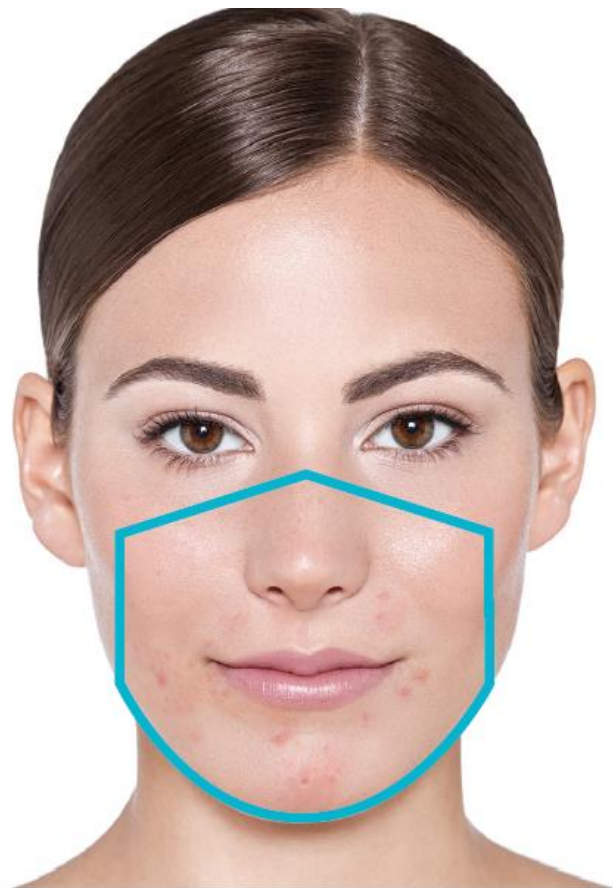
# Regulating

## Maskne Treatment

**Treatment area:**

- ✓ Impure skin
- ✓ Irritated skin with a disturbed skin barrier

**Treatment duration:** approx. 60 minutes



**THIS TREATMENT IS FOR INDIVIDUALS THAT HAVE ACNE DUE TO WEARING A MASK**

**Products:**

- Super Soft Cleanser
- Herbal Care Lotion
- Enzyme Regulating Cream & Peeling
- Sensi Calm Ampoule
- High Perfection Eye Cream
- Sensiderm Mask/Black Clearing Mask
- Special Regulating Cream/Hydra Maximum Day Cream
- Blemish Balm

**Treatment procedure:**

1. Cleanse with Super Soft Cleanser
2. Tone with Herbal Care Lotion
3. Exfoliate with Enzyme Regulating Cream & Peeling
4. Second cleansing with Gel Super Purifiant
5. Apply Sensi Calm Ampoule
6. Apply High Perfection Eye Cream as eye mask
7. Multi-masking with Black Clearing Mask (in the area around mouth and nose with inflammatory impurities), apply Sensiderm Mask to rest of face where no impurities
8. Final care: Special Regulating Cream (in the area around mouth and nose with inflammatory impurities) PLUS Hydra Maximum Day Care for normal skin or Sensiderm Stress Protect for sensitive skin
9. Blemish Balm (physical sunscreen)

**Homecare recommendations:****Sensiderm Cleansing Solution** | Art.-No. 457000

- All-in-one cleanser: cleanser, tonic and eye make-up remover in one product
- Quick cleaning for in between washes
- Optimal cleansing with micellar technology
- Cleanses thoroughly, fast and gently; helps to strengthen the skin barrier

**Sensiderm Mask** | Art.-No. 451000

- Skin's guardian angel
- Effective instant aid pack for red, irritated and itching skin
- Strengthens the skin's natural protective barrier function

**Sensi Calm Ampoules** | Art.-No. 418000

- Has a strong calming and anti-inflammatory effect
- Strengthens skin with weak blood vessels and sensitive skin
- Instant aid for irritated skin, redness is visibly diminished